



## Technical Bulletin

### Division of Public and Behavioral Health

**Date: October 5, 2017**

**Topic: Music Therapy in Nevada**

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**To: All Health Care Providers**

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#### **Licensed Music Therapists in Nevada and What They Do**

Music therapists are licensed health care professionals in Nevada and must meet the minimum requirements outlined in law to practice music therapy in Nevada. Music therapists work closely with primary health care providers and other health care professionals to determine a client's treatment needs and develop a treatment plan to help clients achieve their treatment goals. In addition, according to law, music therapists:

- Conduct a music therapy assessment of a client to collect systematic, comprehensive and accurate information necessary to determine the appropriate type of music therapy services to provide for the client, including, without limitation, information relating to a client's emotional and physical health, social functioning, communication abilities and cognitive skills based upon the client's history and through observation and interaction of the client in music and non-music settings;
- Develop an individualized treatment plan for the client that identifies the goals, objectives and potential strategies of the music therapy services appropriate for the client using music interventions, which may include, without limitation, music improvisation, receptive music listening, song writing, lyric discussion, music and imagery, music performance, learning through music and movement to music;
- Evaluate and compare the client's response to music therapy and the individualized treatment plan and suggest modifications, as appropriate; and
- Collaborate with and educate the client and the family or caregiver of the client or any other appropriate person about the needs of the client that are being addressed in music therapy and the manner in which the music therapy addresses those needs.

#### **Music Therapy Definition and Uses**

According to Nevada Revised Statutes (NRS) 640D.060, music therapy means the clinical use of music interventions by a licensee to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed a music therapy program approved by the Board.

According to the American Music Therapy Association's webpage:

*"Music therapy interventions can be designed to:*

- *Promote Wellness*

- *Manage Stress*
- *Alleviate Pain*
- *Express Feelings*
- *Enhance Memory*
- *Improve Communication*
- *Promote Physical Rehabilitation*

*Research in music therapy supports its effectiveness in a wide variety of healthcare and educational settings."*

For more information about how music therapy may be beneficial to your patients/residents/clients, go to the [American Music Therapy Association](https://www.musictherapy.org/) website at: <https://www.musictherapy.org/>

### **How Do I Find a Licensed Music Therapist?**

To find a [licensed music therapist in Nevada](http://www.healthlicenseverification.nv.gov) go to: [www.healthlicenseverification.nv.gov](http://www.healthlicenseverification.nv.gov) then change the Business Unit to "Dietitians and Music Therapist" and change the Credential Type to "Licensed Professional Music Therapist." You can print a list of all licensed music therapists in Nevada by clicking the "Generate Excel" button or just click "Search" to view a list.

### **Other Resources**

- To learn more about music therapist certification, go to [The Certification Board for Music Therapists](http://www.cbmt.org/) found at: <http://www.cbmt.org/>
- To learn more about the laws governing the practice of music therapy in Nevada, go to: [NRS Chapter 640D – Music Therapists](https://www.leg.state.nv.us/NRS/NRS-640D.html) at: <https://www.leg.state.nv.us/NRS/NRS-640D.html>  
[NAC Chapter 640D – Music Therapists](https://www.leg.state.nv.us/NAC/NAC-640D.html) at: <https://www.leg.state.nv.us/NAC/NAC-640D.html>

Signed:  
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Date: 10/23/2017

Signed:  
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